



Clonliffe Harriers

Newsletter



Volume 1 Issue 1

October 1994

Welcome to the first edition of the Clonliffe Harriers' Newsletter.

It is hoped that it will be a regular publication. As well as information on all club activities and a report of the achievements of the members it can be a record for future members.

Review of The Year 93/94

Track and Field Season

Many of our athletes had some fine performances. The most notable came from **Niall Bruton** who thrilled us all by winning the prestigious Wannamaker mile and we saw history in the making when he became the first collegiate athlete to win the event. While this was a great achievement who can forget his 1500m race in the European Championships where he finished 2nd in the semi-final. Unfortunately, he could not repeat this performance and finished 10th in the final. In spite of his tight schedule Niall still found the time to run for the club in the qualifying rounds of the League; he also won the 1500m at the B.L.E. Championships. Other medal winners in the Championships were **Marissa Smith** who won the 200m and **Audrey Farrelly** who finished 2nd in the 100m.

While it is appreciated that there are some talented individuals in the club there is also room for team members who turned out during the year. The men's team were 2nd to D.C.H. in the George V. Ryan Trophy, where our young 17 and 18 year olds were joined by the more seasoned runners to put in such a stunning performance. Athletes were prepared to compete in any event to get valuable points. Indeed this was also the case when we travelled to Tullamore for the final of the A.I.B. league with both our men's and women's teams competing. All our athletes were turned out well in tee shirts kindly supplied by **WHIRLPOOL**. It was a most enjoyable day out for all, with some

fine performances by the athletes. Of course, as with all teams, there are the usual stalwarts.

For the men the backbone of the team was **Stephen Dowdall**, our talented high jumper who had to be physically restrained from competing in the 3000m steeplechase **John Connolly** was another member, who, in spite of his recent loss, was willing to compete in any event. **Audrey Farrelly**, who in spite of only being 5' tall, vaulted the 2'9" hurdles and also competed in the triple jump for the ladies team.

Cross Country

The Cross Country is mostly about teams competing, and it is in this area that Clonliffe came to the fore during the season. While there were a few impressive individual performances, it was the **Novice, Junior, and Intermediate** teams which won the Dublin Championships. The Club, led home by **Shane Dowler**, won the Eastern Region Junior while the Senior team also took gold. The National Intermediate title went to the club in Killenaule, and on the same day **Padraic Keane** won the National Vet's title. **Declan O Donovan** was undoubtedly the most improved athlete in the club. Declan won a gold medal, as a member of the winning teams in every race he ran last Winter (6 races altogether).

While we remember the past let us not forget the future. Help is needed for the Clonliffe Schools A.I.B. sponsored race. Don't forget the **O'Connor Cup** which is a club handicap race.

Club Fees

The following club fees were agreed upon; **Seniors £50. Students and Juniors £25, Juveniles £10 Family £75. Special Offer:** It was voted that a 10-year membership be offered to members for £300, and life membership £500. This offer is open until the night of the cake race.

Club Training Times.

General

Tuesday 7 P.M.--9 P.M.
Thursday 7 P.M.--9 P.M.
Saturday 3 P.M.
Sunday 11.30.A.M

Times for the Track



Tuesday and Thursday 7.30.--9P.M.
Sunday 9.30.A.M.--11.00A.M.

Indoor Facilities

Why train in the cold and rain during the Winter Season? The club has booked the use of the indoor track for the Winter Months on Monday nights 8---9. Wednesday nights 9---10. There is a nominal charge for this pleasure. **Carol Cummins** has all the information

Juvenile Training

The Juvenile section of the club train in the Albert College Park on Tuesday and Thursday at 7.00.P.M. and Sunday Morning at 12.00.

Annual General Meeting



At the Annual General Meeting of the club held in the bar on the 7th Oct 1994 a vibrant and go-ahead committee was elected. When the full committee is selected all the names will be published in the next Newsletter.

In his report, the chairman stated that there were exciting times ahead for the club. Work will begin shortly on our new club house, and it is hoped that it will be finished before the new track and field season, April 1995



Clonliffe Athletes Abroad

Three of our young athletes have taken up athletic scholarships in the U.S.A. Kieran Malone is attending PACE University in New York, Derek Finnegan has gone to West Virginia, and Shane Dowler the National 3000M. Champion is in Anderson College South Carolina.

These join a growing number of Athletes from the club who have taken athletic scholarships abroad.

We wish them well and hope that they are settling in. I am sure that they would like to hear from the members so if you would like to write to any one of them Peter Mc Dermot has all the addresses.

There is also a list on the club notice board. For those who cannot come up we will be printing the addresses in the next issue and hope to have an update on their performances.

Situations Vacant

Wanted, Wanted, Wanted

More coaches are needed to cater for the large numbers of athletes in the club, Help is also needed for the thriving juvenile section. With the ongoing development of the club, administrators would be welcome

If you feel that you can help in any way the committee would be delighted to hear from you. There are lots of past and present members who have so much to offer the club but are reluctant to come forward. If this applies to you and the position is attractive, hesitate no longer and come forward as we would be delighted to hear from you.

HAPPY BIRTHDAY

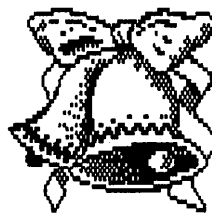
Congratulations to the ladies section of the club who celebrate 31 years in the club this month. Athletics have come a long way since the establishment of a Ladies Section. We were treated with kid gloves and were only allowed to run about a half mile Who would have thought 30 years ago that a member would be the first woman home in the Dublin City Marathon? **Catherine Chum** won the Marathon in 1993 Catherine is coming back to defend her title this year. Good luck Catherine.

Mary Donoghue led home over 20,000 women to win the 1994 Ladies Mini Marathon Yes, indeed we have come a long way.

Good Luck also to three of our young Athletes who have been selected to represent Dublin in the annual Cross Country Race against Merseyside: **Brian Tobin** and **Andrew Curry** who finished 1st and 2nd respectively in the under 15 race and **John Brennan** who finished 2nd in the under 17 .



Wedding Bells



While some of our members were busy with athletic activities, some were otherwise engaged. Congratulations to Kevin Cardiff and his wife Lynn who were married in August, and to Don Davis and his wife Jackie. They have not forgotten the club since their new status. Don turned out for the team in the novice championships the day after returning from honeymoon so he was obviously doing warm weather training in the Canaries. Kevin is now back up coaching shot putt on Sunday morning at the early hour of 9.30.

Dates for your diary

Club Calendar

- Oct.26 Schools' Cross Country, Sponsored by A.I.B.
- Nov 19 O'Connor Cup Club Handicap 4 Mile Race, Santry Wood

- Dec 20 Cake Race
- Dec.22 Club Raffle



B.L.E. Fixtures

- Oct 23 Tinryland 4 mile race
- Oct 23 Dublin Athletic Board Cross Country League Race 3. Intermediate Championships. St Anne's Park, Raheny 11A.M. Eastern Region Novice, Moate
- Oct.30 Dublin Senior, Junior, Vets. Cross Country Championships, Santry 1 P.M.
- Nov.5 Jack Hartigan Memorial Cross Country Race, Naas 1.45 P.M.
- Nov 13 Eastern Region Intermediate Cross Country Championships, Tinryland National Novice, Claremorris.
- Dec 11 Dublin Athletic Board Cross Country League 4, Belfield 11A.M.

B.L.O.E. Fixtures

- Oct.23 Dublin B.L.O.E. v Merseyside Skerries
- Oct.29 Final Sportshall Athletics
- Nov 6 Dublin Championships 10 to 17, Cabinteely 2P.M.
- Nov.13 Dublin Championships 11 to 18, Santry 2 P.M.
- Nov.27 National Championships 13 to 17, Dungarvan.
- Dec 18 Cross Country League 10 to 18
- Dec 11 National Championships 12 to 18, Claremorris

Others

- Oct.30 B.H.A.A. Fun Run, Dublin City Centre 3.P.M.
- Oct 31 B.H.A.A. Dublin City Marathon, City Centre 10.A.M.

FUTURE ISSUES

If you have any contributions to make to this newsletter we would be delighted to hear from you. We hope to have the next one off the presses for the cake race. The plan is to have the next few issues out in December, March, July and September. A donation of 10p towards the cost of printing would be appreciated, also if you can get someone to sponsor the photocopying we would be eternally grateful. If you feel this is a waste of time do not be afraid to let us know. Perhaps you would like further copies to be posted to you. This facility is available by sending stamped addressed envelopes to the address below; Frances Mansfield 58 Mountain Park Tallaght Dublin 24 Telephone 4510128.

All correspondence can be sent to this address.

Next issue will have an update on all the results from September and news of our athletes abroad.