

Irish Life Health Leinster Schools' Cross Country Santry Demesne

Wednesday 13th February 2019

Timetable of Races

Event	Call Up	Start Time	Distance	Course/Laps
Minor Girls	11.50am	12 noon	1,500m	1 large lap
Minor Boys	12.05pm	12.15pm	2,000m	2 small laps
Junior Girls	12.25pm	12.35pm	2,000m	2 small laps
Junior Boys	12.45pm	12.55pm	3,000m	2 large laps
Inter Girls	1.05pm	1.15pm	3,500m	2 small + 1 large lap
Inter Boys	1.25pm	1.35pm	4,500m	3 large laps
Senior Girls	1.50pm	2.00pm	2,500m	1 small + 1 large lap
Senior Boys	2.10pm	2.20pm	6,000m	4 large laps

Scoring

Girls: 6 to run, 3 to score

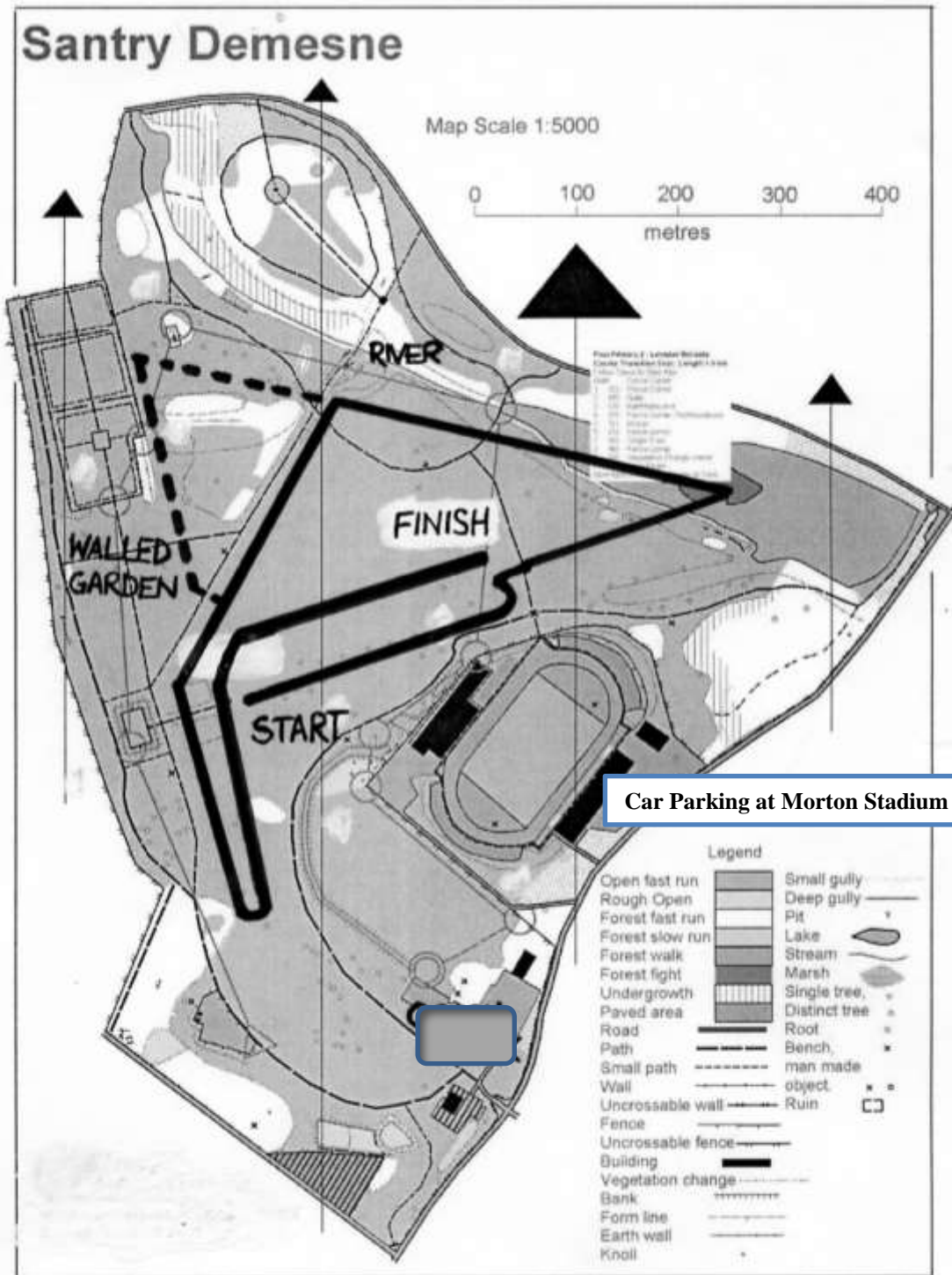
Boys: 8 to run; 4 to score

The first 15 athletes will qualify for the All Ireland finals. The first 3 teams will qualify for the All Ireland finals.

Presentation of individual medals will take place immediately after the athletes finish their respective races. Minor and Junior team medals and trophies will be presented **before the Inter Girls Race**. Inter, Senior and overall trophies will be presented **after the Senior Boys Race**.

Irish Life Helath Leinster Schools' Cross Country 2019

Santry Demesne - Course Map



————— 1,000m loop

- - - - - additional 500m loop