

National Indoor League Final + AAI Games - 12th February 2022 - NIA, Dublin

AAI Games - CAT E League Final - CAT F

League Events.

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Track		Field	
10:00 60m	Women + L	10:00 Long Jump	Women
60m	Men + L	10:00 High Jump	Men + L
		10:30 Shotput (7.26kg)	Men + L
11:00 1500m	Women + L		
1500m	Men + L	11:00 Shotput (4kg)	Women + L
		11:15 Long Jump	League Women
11:30 60m - S2	Women	11:30 Pole Vault	Women + L
60m - S2	Men		
		12:00 Long Jump	Men
12:20 60mH	Women + L	12:30 High Jump	Women + L
60mH	Men + L	12:45 Long Jump	League Men
13:00 200m	Women + L	14:00 Weight (56lb)	Men + L
200m	Men + L	14:20 Triple Jump	Women + L
		14:30 Pole Vault	Men + L
14:30 60mH - S2	Women		
60mH - S2	Men	15:15 Weight (28lb)	Women + L
		15:30 Triple Jump	Men + L
15:00 800m	Women + L		
800m	Men + L		
15:45 3000m	Women		
3000m	Men		
16:20 400m	Women + L		
400m	Men + L		
17:10 4x200m	League Women		
4x200m	League Men		
17:30 DONE		Series 2 of the 60m & 60mh, 3000m are non	