<u>Day 1 Dublin Juvenile Indoor Championships 2022 – Saturday 5th February - Abbotstown</u>

10.00	Shot Putt	
Girls & Boys 16 200m heats	11:00	Girls 16/17 (3K)
Girls & Boys 17 200m heats	12:00	Girls 18/19 (3K/4K)
Girls & Boys 18 200m heats	13:00	Girls 15 (2.72K)
Girls & Boys 19 200m heats		

11:15

Girls & Boys 15 800m Heats Girls & Boys 16 800m Heats Girls & Boys 17 800m Heats Girls & Boys 18 800m Heats Girls & Boys 19 800m Heats

200m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED

12:30 200m Finals

Break

13:30	Long Jump	
Girls 15 60m Hur 2'6" Heats	13:30	Boys (pit 1) U17/18/19
Girls 16 60m Hur 2'6" Heats	13:30	Girls (pit 2) U17/18/19
Boys 15 60m Hur 2'9" Heats	14:30	Boys (pit 1) U16
Boys 16 60m Hur 2'9" Heats	14:30	Girls (Pit 2) U16
Girls 17 60m Hur 2'6" Heats	15:30	Boys (Pit 1) U15
Girls 18 60m Hur 2'6" Heats	15:30	Girls (Pit 2) U15
Girls 19 60m Hur 2'9" Heats		
Boys 17 60m Hur 3'0" Heats		
Boys 18 60m Hur 3'0" Heats		
Boys 19 60m Hur 3'3" Heats		

FINALS HURDLES - Finals in any of the above will be held at heat times if heats are not required

15:30

800m FINALS

IMPORTANT – Athletes should exit no later than 15 minutes after their event. 800m runners should also leave and return no earlier than 14:30.

Timetable subject to change during the day, please be alert.